



Martial Arts



Schedules and more info - www.ddaonline.com

Call to Schedule your FREE Intro Class

Level 1 Age 4-8	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30am						Level 1
	4:45pm	Level 1		Level 1			
	5:30pm						
	6:30pm						

Level 2 Age 9-11	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30am						Level 2
	4:45pm	Level 2		Level 2			
	5:30pm						
	6:30pm						

Level 3 Age 12 +	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:15am						Level 3
	4:45pm						
	5:30pm	Level 3		Level 3			
	6:30pm						

Goju Kenpo was developed by Master Lawrence Hall, in 1988. Goju Kenpo was created from a mixture of seven different traditional martial arts in order to form a practical street efficient self-defense system with self discipline.

We will be adding more classes as our program grows

Belt Skills Test = \$25 12 Belt Program	Classes = 45 min	Gi (Uniform) - \$25 at the Front Desk
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Please notify your instructor prior to participation if you have health concerns.	Questions? Want to get started? membership1@ddaonline.com (775) 851-7171	No reservation required Weekday Classes in Mind Body Studio, Saturdays in High Energy Studio
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Larry Hall's Martial Arts Legacy

Effective May 17th, 2010