

# Pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim					
6:00am	Masters Swim									
7:00am	Lap Swim									
8:00am	Lap Swim									
9:00am	Waves In Motion		Waves In Motion		Waves In Motion	Lap Swim	Lap Swim			
10:00am	Silver Waves		Silver Waves		Silver Waves					
11:00am	Lap Swim	Swim Lessons		Swim Lessons						
Noon										
1:00pm					Lap Swim					
2:00pm			Lap Swim		Lap Swim					
3:00pm										
4:30pm				Lap Swim						
5:00pm			Swim Lessons 88°		Swim Lessons 88°			Swim Lessons 88°	Family Swim	Family Swim
6:00pm										
7:00pm										
8:00pm			Pool Closed		Pool Closed					
9:00pm						Lap Swim				

Please notify Instructor if you have any special health concerns  
 Aquatics Voice Mail 851-7171 Ex. 232 membership1@ddaonline.com  
 Schedules online www.ddaonline.com

**Effective June 1st 2010**